$E=rac{hc}{\lambda}$ is the energy of a photon (useful for electron-exciting questions)

$$\Delta H = \Delta U + \Delta n_{gases} RT$$

$$q_p = q_v + \Delta n_{gases} RT$$

For constant volume: $\Delta U = q_v$

For constant pressure: $\Delta H = q_p$

Bomb calorimeters are constant pressure, coffee-cup calorimeters are constant volume

$$\Delta U = q + W$$
 (first law of thermodynamics)

$$W = -PV$$

$$\Delta S = rac{\Delta H}{T}$$
 for phase changes

$$\Delta G^{\circ} = -zFE^{\circ}_{cell}$$
 is Gibbs energy of an electrolytic cell

 $q=n\Delta H$ when H refers to the enthalpy of a process